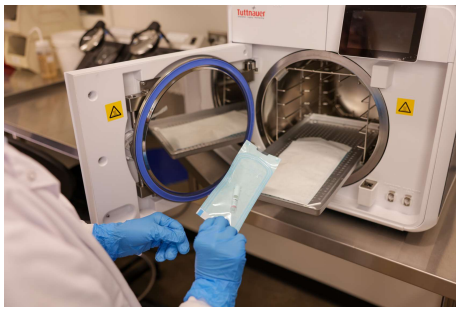
InstaTru™

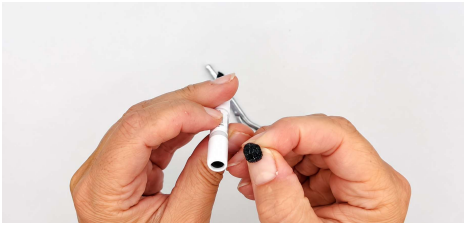
Instant Biological Indicator for Steam — Quick Start

NO INCUBATION REQUIRED **RESULT IN 20 SECONDS**



1 Place & Process

Place the InstaTRU™ Indicator in the steam sterilization cycle as you normally would, typically in the most difficult location, and process the cycle.

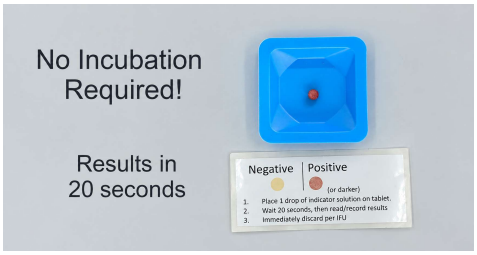


2 Retrieve the Biological Tablet

When the cycle is complete, remove the InstaTRU™ Indicator. Slowly remove the base from the vial to access the Biological Tablet. If removal is difficult after cooling, the end of the cap may be cut with scissors to expose the foam and tablet. The Biological Tablet is behind the foam insert inside the base.

3 Add Indicator Solution

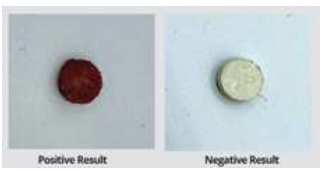
Allow the Tablet to remain in the base or transfer it to the plastic cup included in the kit. Add 1–3 drops of Indicator Solution directly onto the Tablet. Aseptic transfer is not required.



4 Read at 20 Seconds

Start timing when the Indicator Solution is added. Visually determine and record the Tablet color at 20 seconds. Do not interpret the Tablet after 20 seconds. Discard immediately according to the disposal instructions on the Certificate of Analysis.

Interpret the Result



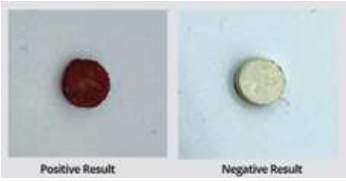
NEGATIVE
Off-white / yellow at 20 seconds
Cycle was effective.

POSITIVE
Red during or at 20 seconds
Investigate the cycle and reprocess the load using an additional InstaTRU™ Indicator.

InstaTru™

Positive Control — One Recommended For Each Unique Lot

Repeat the test process using one InstaTRU™ Indicator that has NOT been exposed to the sterilization cycle.



Expected Positive Control

The Biological Tablet should transition to red within 20 seconds. If it does not turn red, the test is invalid. Confirm that the Positive Control was not processed and that the Indicator Solution has not expired.

Critical 20-Second Read Window

IMPORTANT: The Tablet result must be visually determined within 20 seconds of adding the Indicator Solution. Do not interpret the color after 20 seconds. A secondary reaction may occur that is unrelated to the Biological Tablet enzyme viability. If more than 20 seconds passes without a visual determination, the test is invalid. Discard the Tablet and repeat the test.

At-a-Glance Workflow

1 PROCESS → 2 RETRIEVE → 3 ADD 1–3 DROPS → 4 READ AT 20 SEC

Quick Checklist

- ☐ Place InstaTRU™ in the cycle, typically at the most difficult location.
- ☐ Retrieve the Biological Tablet after processing.
- ☐ Add 1–3 drops of Indicator Solution.
- ☐ Read and record the color at 20 seconds — not after.
- ☐ Run an unprocessed InstaTRU™ as the Positive Control.
- ☐ Follow the Certificate of Analysis for disposal instructions.

This Quick Start Guide summarizes the supplied InstaTRU™ instructions. Refer to the current product labeling and Certificate of Analysis for complete instructions and disposal requirements.

InstaTru™ video

TRUE INDICATING

www.TrueIndicating.com